

PINTADERA MENU



See fridge display for daily featured specials
or choose your own fillings. Extra filling **£1**
Staff gratuity not included. Thank you

TOASTED CIABATTE

[gluten free sliced bread available ~ add 40p]

SEMPLICE 4.50
Cotto ham and emmenthal cheese

FINOCCHIONA 4.90
Finocchiona salami and emmenthal
cheese

BARBAGIA 5.50
Parma ham, sardinian pecorino cheese
and rocket leaves

SHARDANA 5.60
Parma ham, melted blue gorgonzola
dolce and rocket leaves

CALABRESE 5.80
Calabrese spicy salami, provola cheese
and grilled artichokes

PECORO 6.00
Pecorino cheese, parma ham, grilled
peppers, aubergine and rocket leaves

PINTADERA 6.00
Smoked salmon, taleggio cheese, fresh
spinach leaves and shaved courgette

AMNESIA (V) 5.00
Tomato, mozzarella and basil pesto

SUN BLUSH (V) 5.80
Taleggio cheese, sundried tomato
artichokes and grilled peppers

MAGIC MUSHROOMS (V) 5.80
Grilled mushrooms, roasted peppers
sundried tomatoes and artichokes

VEGUS (V) 6.00
Fresh spinach leaves, beetroots, grilled
peppers, grilled artichokes, sundried
tomato and avocado

ALICE (V) 5.80
Olives focaccia roll, grilled aubergine
fresh spinach, olive spread, sundried
tomato and fresh mozzarella

MEDITERRANEO (V) 5.80
Goat cheese, grilled aubergine, fresh
spinach and beetroots

CAPO COMINO 5.50
Tuna fish, salad, mayo and red onion

FOOD ALLERGY NOTICE

If you have a food allergy or a special dietary
requirement please inform a member of
our staff before you place your order

BREAKFAST

EGGS ON TOAST 7.50
Two eggs on wholemeal toasts with
melted cheese and grilled ham

BREAK-SIT (V) 8.95
Two eggs on toasts topped with
sauteed spinach, avocado, sundried
tomatoes and roasted seeds

SMOKED SALMON 8.95
Two eggs and smoked salmon on
toasts topped with sauteed spinach

GRANOLA AND YOGHURT 4.50
Bowl of organic yoghurt with
granola, honey and berries

CROISSHAM 3.00
Toasted croissant with emmenthal
cheese and cotto ham

JAM AND BUTTER TOASTS 2.50
Two toast slices with jam and butter

CROISSANTS from 1.50

PASTA

See specials boards for today's featured Pasta and Soup

PRIMAVERA (V) 8.50
Red pesto, melted buffalo mozzarella
and shaved courgette

FUNGOLA (V) 8.80
Grilled mushrooms, gorgonzola cheese
sundried tomato and walnuts

BADU ORGOLESU (V) 7.80
Slowly cooked basil tomato sauce with
melted goat cheese or pecorino sardo

SOUP OF THE DAY (V) 7.20
See specials board for today's soup

KIDS PASTA from 4.00

SALADS

Served with thin crispy Carasau bread

POMEGRANATE SALAD 9.10
Pomgranate, fresh spinach, avocado,
blueberries, roasted seeds and shaved
parmigiano

TONNO E FAGIOLI SALAD 8.50
Tuna fish, cannellini beans, onions and
mixed leaves

GOAT CHEESE SALAD 9.20
Goat cheese, grilled aubergine, roasted
seeds, tomato, rocket and fresh spinach

NIÇOISE SALAD 9.95
Mixed leaves, tuna fish, marinated
olives, capers, boiled egg, anchovies
and beetroots

PINTADERA BOARD

Assorted artisan cheeses, salami and
cured ham served with a variety of grilled
vegetables and thin crispy Carasau bread
from **15.00**

AVOCADO SALAD 9.60
Avocado, fresh buffalo mozzarella, fresh
tomato and mixed leaves

BUFFALO SALAD 9.95
Buffalo mozzarella, parma ham, mixed
leaves, olives and fresh tomato

MIXED LEAF SALAD 4.20
Mixed leaf salad, fresh tomato and
marinated olives